



kitchendreamteam

achieving great health together

The background of the lower half of the cover is a green textured surface. Overlaid on this are various kitchen items: a silver colander in the top left, a silver strainer in the top right, a silver pot in the bottom left, a silver measuring cup in the center, a silver star-shaped cookie cutter in the bottom right, and a silver slotted spoon in the bottom right. Two large white hands are positioned in the center, one on the left and one on the right, with their fingers spread.

Workbook & Family Favourites Recipe Book

kitchendreamteam.com.au